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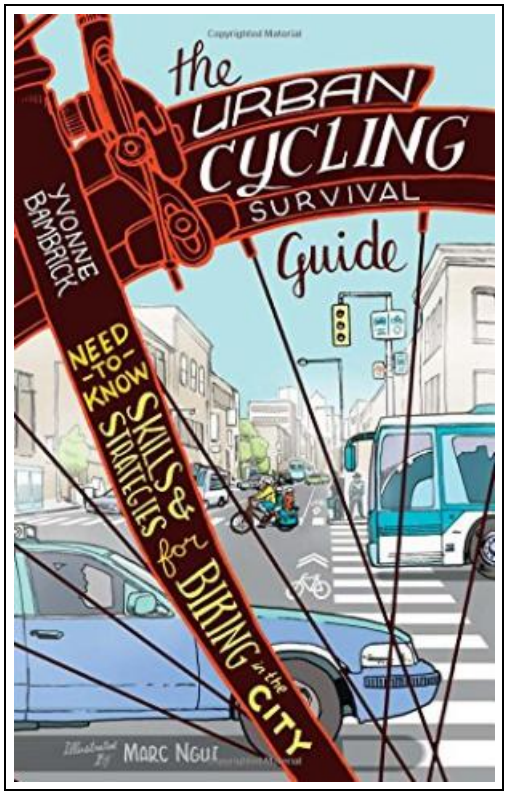

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ECW Press,Canada, Canada, 2015. Paperback. Book Condition: New. Marc Ngui (illustrator). 203 x 127 mm. Language: English . Brand New Book. City cycling made simple North America s cities have long been the domain of the car, but thanks to the undeniable benefits of active transport, bicycles have an increasing presence in the urban landscape. Yet our cities weren t designed for bicycles, making for intimidating, and sometimes dangerous, environments for cyclists. The Urban Cycling Survival Guide is an accessible, straight-forward pocket guide that helps cyclists new to the urban environment negotiate all the challenges, obstacles, and rules spoken and unspoken that come with sharing the roads. From picking the bike that s right for you to smart riding strategies, tips for drivers, and bike maintenance, Cycle Toronto founding executive director Yvonne Bambrick is your trusted guide. With illustrations to help clarify even the trickiest bike situation, The Urban Cycling Survival Guide is an indispensable, attractive set of training wheels that can make anyone a confident, joyful city rider.

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