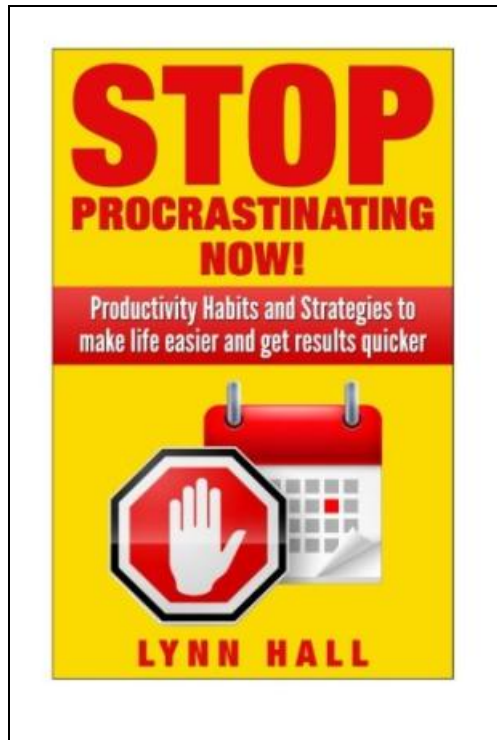


Stop Procrastinating Now!: Productivity Habits and Strategies to Make Life Easier and Get Results Quicker



Filesize: 5.21 MB

Reviews



A really great publication with perfect and lucid explanations. Of course, it is play, continue to an amazing and interesting literature. I discovered this book from my i and dad suggested this publication to find out.
(Dr. Augustine Borer)

STOP PROCRASTINATING NOW!: PRODUCTIVITY HABITS AND STRATEGIES TO MAKE LIFE EASIER AND GET RESULTS QUICKER



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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Procrastination, in a few words, is the habit of deferring an action to a later time. Procrastination is much like an addiction, which gradually slows your progress. Do you put off the work you need to finish immediately, or is the paperwork piled a mile high on your table while you re mentally serene about handling it later? Need to start accomplishing tasks, but feel like putting them off until you re exhausted from not completing them and just giving up? Then this is the right book for you! Learning to deal with the occasional or chronic procrastination will not only help you accomplish tasks you desire, but it will also help you find success you were previously missing out on due to putting the work off for later and missing your deadlines. With this book, reach for those deadlines with sharp concentration and a better sense of commitment, which will break those bonds of procrastination you ve let yourself get entangled in. Finish things on time! Make your time count! So, what will you get from this book? Insight into why we might procrastinate on tasks and assignments. How to start the process of overcoming procrastination? Strategies, which will help you get more focused and committed to your work. Tips that will boost your overall productivity. Checklists which will help monitor your progress. What triggers or mistakes you should be aware of to avoid giving into procrastinating? Tips to stay motivated and productive.

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