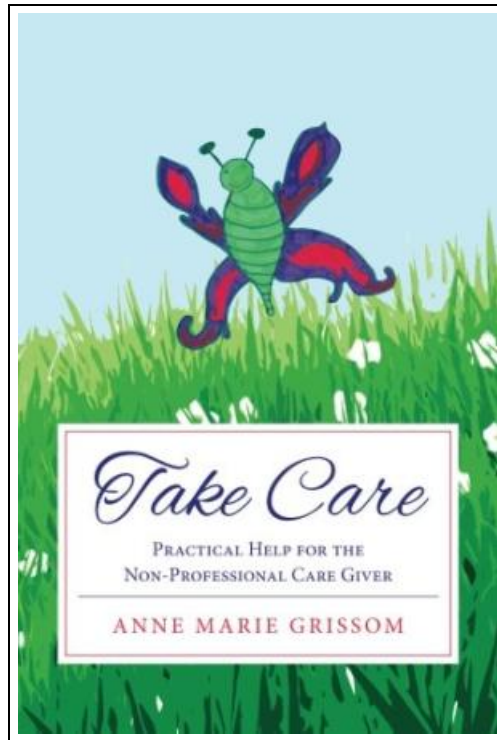


## Take Care: Practical Help for the Nonprofessional Caregiver



Filesize: 4.8 MB

### **Reviews**

*If you need to adding benefit, a must buy book. It usually does not charge excessive. I realized this ebook from my dad and i suggested this publication to learn.*

*(Alec Veum)*

## TAKE CARE: PRACTICAL HELP FOR THE NONPROFESSIONAL CAREGIVER



Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.In this guide to managing the care and medical needs of a loved one in the home, author Anne Marie Grissom shares her experience caring for her husband's father, whom she lovingly refers to as Dad, during the twilight of his life. Grissom relates her family's story sincerely and honestly, walking readers through the journey with a wonderfully positive attitude of thankfulness for the many gifts that living through this kind of chapter can provide. Revealing emotions and feelings ranging from the humorous to the sarcastic, she offers a real account to back up powerful solutions for meeting the day-to-day challenges of caregiving. This easy-to-read book is structured around seven key lessons learned-focused on how getting involved, asking questions, and beginning to look for creative solutions from the onset will lead to smoother sailing through the rough spots. Grissom also offers practical advice about caregiver topics, including: Choosing plans and physicians Scheduling Managing medications Juggling appointments Tracking the patient Vitals and medical history Experience-based suggestions Preparing food Medical advocates Take Care will empower you with not only guidance for dealing with many of the situations you'll find yourself facing, but also the comforting awareness that you are not alone.



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