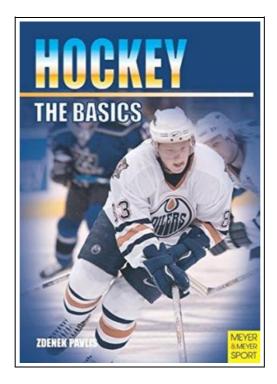
# Ice-Hockey: the Basics



Filesize: 8.91 MB

# Reviews

This kind of pdf is almost everything and made me seeking forward and much more. It is actually packed with wisdom and knowledge You will not really feel monotony at whenever you want of your own time (that's what catalogs are for about when you question me). (Martina Maggio)

## **ICE-HOCKEY: THE BASICS**



Meyer & Meyer. Paperback. Book Condition: new. BRAND NEW, Ice-Hockey: the Basics, Zdenek Pavlis, This volume is the first in a series of books from the Czech technical hockey school and deals with the basic elements of hockey-skating. Because of the high playing skills and tactical ability demanded by this fast game, the individual will only be successful when the basic skill of ice-skating has become a natural function and is automatic. The book describes the basics of ice-skating (skating forwards and backwards, braking, skating in a curve, the cross-over forwards as well as backwards turns and starts). Twenty-five little games to practise the movements as well as 45 skating exercises are included to improve ice-skating skills, and these have proved themselves in practical work with pupils. In this way, hockey can be successfully taught and coached.



## You May Also Like



Write Better Stories and Essays: Topics and Techniques to Improve Writing Skills for Students in Grades 6 - 8: Common Core State Standards Aligned

Createspace Independent Publishing Platform, United States, 2012. Paperback. Book Condition: New. 277 x 211 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Mr. George Smith, a children s book author, has been...

Read ePub »



My Life as an Experiment: One Man's Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests

SIMON SCHUSTER, United States, 2010. Paperback. Book Condition: New. Reprint. 212 x 138 mm. Language: English . Brand New Book. One man. Ten extraordinary quests. Bestselling author and human guinea pig A. J. Jacobs puts...

Read ePub »



#### The Adventures of Sheriff Williker: /Book 1: The Case of the Missing Horseshoe

Createspace, United States, 2014. Paperback. Book Condition: New. Kim Hansen (illustrator). large type edition. 216 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*. A missing horseshoe for a prize winning...

Read ePub »



#### The Garden After the Rain: Bedtime Story and Activity Book for Children 4-8 Years

Partridge Publishing, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. The book - The garden after the rain is a collection of...

Read ePub »



#### Read Write Inc. Phonics: Set 7 Non-Fiction 3 the Ice and Snow Book

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 207 x 86 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books...

Read ePub »