



La Paura non Esiste.trasforma il Lato Oscuro di Te Stesso.

By Massimo Rodolfi

Draco, 2017. Condition: new. Riunato, 2017; br., pp. 140, cm 13x21. DescrizioneTutti hanno paura della paura, e solo pochi sanno che la paura non esiste. In realtà si può aver paura solo di ciò che non si conosce, ma l'unica cosa che non conosciamo veramente è la nostra coscienza. La paura è l'emanazione delle parti distruttive che ci appartengono, e non esiste di per sé. Essa è solo la radianza difensiva dei frammenti oscuri delle nostre vite, i soli che possano generare sofferenza. Conoscere se stessi è l'unico modo per vincere la paura. Trasforma il lato oscuro di te stesso e sorridi alla paura. La paura non esiste!.



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