

Mandala Joy: Coloring for Happiness (Paperback)

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Reviews

Absolutely among the finest pdf I have got possibly read. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book. (Prof. Lois Cormier II)

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MANDALA JOY: COLORING FOR HAPPINESS (PAPERBACK)



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Turtle Moon Press, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Create a sense of calm and happiness with these beautiful mandalas. Coloring is a great way to relax and enjoy a few moments to yourself! This book contains 25 mandalas paired with inspirational messages for you to enjoy. If you re stressed and overwhelmed by daily life. If you re trying to keep up with a quickly changing world. If you need a vacation from it all but can t get away. If you find yourself wasting time online because you re too tired to think, but too riled up to relax or sleep. Mandala Joy is for you! The 25 mandalas in this book are designed for you to color in and decorate to your heart s content. Use your favorite materials: colored pencils, markers, even crayons! Color for a few minutes, or dive in for hours - whatever feels right for your schedule. There are no wrong ways to color a mandala. Start from the outside in, the inside out, or switch it up! If you make a mistake - it s not a mistake. It s an opportunity to try out something new! Go with the flow, and don t stress over slips of the pencil. The pages of this book are single sided, so you can color to your heart s content. If you wish, use the scrap page provided in the back of the book to try out color combinations or test out your coloring tools on the paper.

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