



Breathing Under Water Companion Journal: Spirituality and the Twelve Steps (Paperback)

By Father Richard Rohr

St Anthony Messenger Press,U.S., United States, 2015. Paperback. Condition: New. Language: English . Brand New Book. A valuable new companion journal to the bestselling Breathing Under Water ! We are all addicted to something, according to Franciscan Father Richard Rohr. This Companion Journal can help you work your way through the wisdom of the twelve-step program as outlined in Breathing Under Water to help you determine the source and solution for your own addictions. The journal contains reflections, discussion questions, and room for your own notes to help you explore the process in a way that s relevant and meaningful in your own life.



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