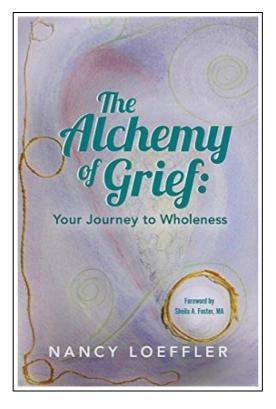
Alchemy of Grief: Your Journey to Wholeness (Paperback)



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Reviews

Comprehensive information for book lovers. This is for all who statte that there had not been a worth studying. Its been printed in an remarkably simple way which is simply following i finished reading through this pdf where actually modified me, change the way i think. (Rebekah Smith)

ALCHEMY OF GRIEF: YOUR JOURNEY TO WHOLENESS (PAPERBACK)



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Brand Book, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. When a catastrophic event happens, your life changes in an instant. It may take some time for you to arrive in your new reality. Your life can take on a surreal quality. You may be in shock; you may feel like you are living in a haze, everything around you seems distorted. You may be unable to concentrate on anything; everything may be hyper clear, or moving in slow motion. Your thoughts can explode in a millions directions. There is a fracture in your life. You don't know how you are going to fix the fracture. You want to fix it, and you remember yet again that nothing will ever be the same again. It is the space between the way things were yesterday and the land you are forced to move to without wanting to move there. The suddenness of this fracture may mean that it will take some time for you to catch up with all the changes, both energetically and physically. I didn't know it at the time-I certainly didn't know it on that day-- but the loss of somebody that you love, and living with that loss, is exactly like crossing the border to a new, unfamiliar country. The language is nebulous and the ground unrecognizable. My grief journey was an invitation to live in a new country, one to which I had never wanted to move. The land I left behind is different than the land that I was forced to enter. On that day, as I was transported to the hospital, I crossed from one county to another. I didn't know I was living a metaphor; it was just a day unfolding like...

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