



India: Cookbook (Hardback)

By Pushpesh Pant

Phaidon Press Ltd, United Kingdom, 2010. Hardback. Condition: New. Repr.. Language: English . Brand New Book. India: The Cookbook is the definitive guide to the rich and varied cooking of India. Doing for India what The Silver Spoon did for Italy and 1080 Recipes did for Spain, it contains 1,000 easy-to-follow, authentic recipes covering the length and breadth of India, including starter salads and kebabs; fish, vegetarian and meat main courses; breads and snacks; pickles and side dishes; and desserts and drinks. It also provides a wealth of information on the different regional cooking styles, the food philosophies of India, and guides to cooking equipment and ingredients. The recipes have been extensively researched, tested and collected from all regions of India by Professor Pushpesh Pant, author of several Indian cookbooks and an expert on Indian cuisine. They have been fully updated for western kitchens, retaining all the colours, flavours and textures of this fascinating and mouthwatering cuisine.

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