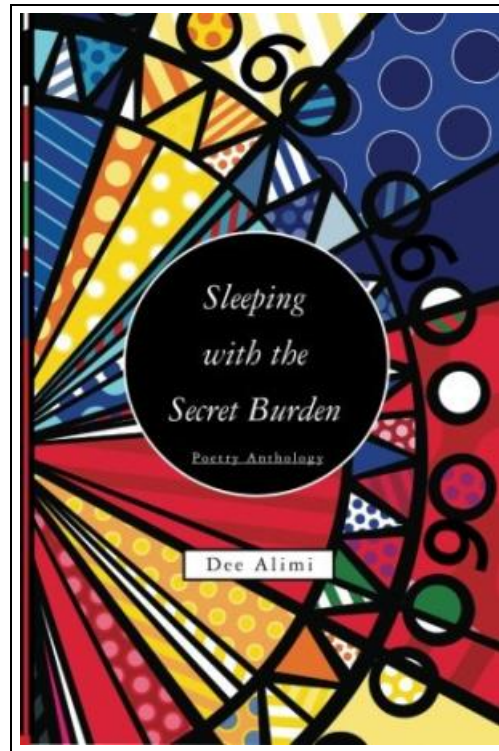


## Sleeping with the Secret Burden



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Createspace, United States, 2013. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Debut poetry anthology: these are 60 poems selected because of the diamond jubilee and the summer of the Olympic Games. Hence the number 60 and the colourful nature of the book cover. However, the shifting series consists of themes ranging from relationship break-ups and longing for true love to fun places and spiritual expectations. This collection opens up to the awareness of being vulnerable and accepting oneself for all the flaws as well as the limitless joy one can bring through opening up one's heart, mind, soul and body to what the universe has to teach us, giving us the courage to embrace failure and to love no matter what. These poems are a mixture of personal exploration and discoveries and inspirational writing that portrays unpackaged hurt, love, betrayal, anger, freedom, despair, tantalisation and vulnerability as a way to manifest and transform to new bodily thinking that liberates potential awareness and freedom in one's space. About the author: Dee Alimi was born in London. After dividing his childhood between London and Lagos, Nigeria, he now lives in West Sussex. This is Dee's first poetry anthology. His forthcoming publications will include a book of songs and a children's book about a Vegetarian Tiger. When he is not writing poems or daily journals, Dee likes technology gadgets, generating creative ideas, cooking and being idealistic in a world filled with practicality . and to stop fantasising about obtaining a Siberian husky with amazing eyes. Book review by Kirkus: //.



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