



The Essence of Budo: The Secret Teachings of the Grandmaster

By Masaaki Hatsumi

Kodansha USA. Hardcover. Condition: New. 240 pages. Dimensions: 10.4in. x 7.7in. x 0.9in. Budo is the spiritual way of the martial arts that all practitioners must follow if they are to be true martial artists. In this book, Masaaki Hatsumi explores the very essence of Budo, and demonstrates an array of important techniques relating to this essence, explaining how the concept of Budo transcends any one combat technique and is at the core of all the many martial arts developed in Japan. The author also reveals secret techniques and the hidden principles of the martial arts, and elucidates the words of his master, Toshitsugu Takamatsu, on Budo and life. Including many photos, works of calligraphy, illustrations, and documents on the martial arts and their role in Japanese culture, The Essence of Budo will resonate with practitioners of all martial traditions including judo, Aikido, karatedo, kendo, kenjutsu, jujutsu, and other fighting sports. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Hardcover.

DOWNLOAD



READ ONLINE

[3.1 MB]

Reviews

This ebook is amazing. It can be really interesting through looking at time. You may like how the author composed this ebook.

-- Nikko Bashirian

Thorough information for ebook enthusiasts. It is really fascinating through reading through period of time. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Hillard Macejkovic