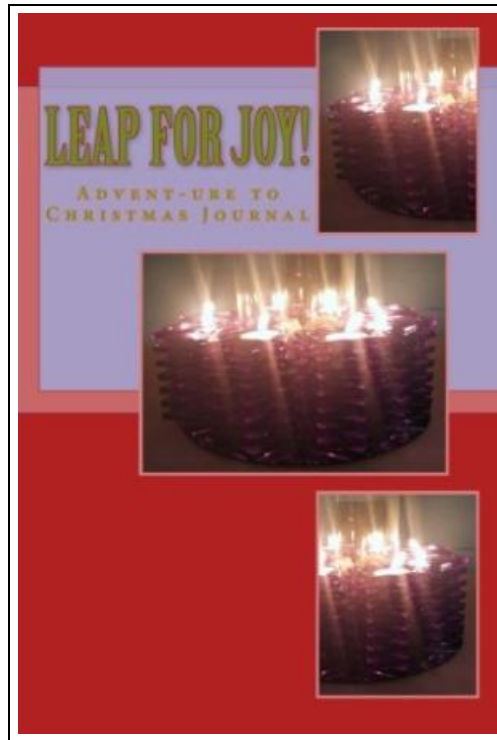


Leap for Joy!: A Spiritual Advent-Ure to Christmas Journal (Paperback)



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Reviews

This book might be worth a read, and superior to other. Of course, it really is engage in, still an interesting and amazing literature. It is extremely difficult to leave it before concluding, once you begin to read the book.
(Prof. Valentin Hane MD)

LEAP FOR JOY!: A SPIRITUAL ADVENT-URE TO CHRISTMAS JOURNAL (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Advent Devotional - May These Gifts of Journaling Keep Your Blessings Flowing: PRAYER: Writing our prayers help us to bring to life what believe and value most, such as a stress less Christmas season. Journaling the scriptures helps us to apply them. When we imagine our desired outcomes while praying to overcome possible hurdles, we are more likely to accomplish them. It s more effective than just feeling optimistic about the vision. RELATING: Writing clarifies our thoughts and comments into compelling messages that clearly communicate, what our listeners can follow. SOOTHING: Journaling helps us to care for our own hearts. We can reflect calmly as we process our emotions. This can shift situations more favorably, by engages our hearts and with our private thoughts - especially in a device free setting or when we are free from distractions. PRODUCTIVITY: It helps us to track our progress over time. It. We can build on new thoughts and knowledge, without the forgetting old. STORYTELLING: We can rewrite our own story s outcomes as tomorrow s success. We can transform dynamics in the game of our lives by expressing, verbally or visually through drawings, pictures on vision board or scrapbook pages. SIMPLICITY: Journals function discretely, with a simple pen, and even under direct sunlight, when outdoors. They are versatile without electrical plugs, adapters or re-charging.



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