



The Donut Diet!!! (Paperback)

By Tony Salvitti

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Large Print. Language: English . Brand New Book ***** Print on Demand *****. Get into fantastic shape, and enjoy yourself while doing it. With The Donut Diet!!! you will have plenty of energy, and not have a afternoon energy slump. If you have tried to lose weight and not had success then this is the diet for you. Includes a delicious donut recipe anyone can make at home. Plus learn why donuts actually help build muscle.



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Reviews

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-- **Julia Mohr II**

This kind of publication is every little thing and taught me to looking ahead of time and a lot more. It is packed with wisdom and knowledge Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Ida Herman**

Relevant eBooks



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Createspace, United States, 2014. Paperback. Book Condition: New. Taylor Southerland (illustrator). 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.The adventures of CyberThunder (Tony) and CyberPrincess (Emma) continue in The Savvy Cyber Kids at Home: The...



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