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Little, Brown Book Group, United Kingdom, 2011. Paperback. Condition: New. Language: English. Brand New Book. In the tradition of Steven Pinkers How the Mind Works, popular psychologist Sian Beilock, an expert on performance and brain science, reveals the astonishing new science of why we choke under pressure. She explains what happens in the body and mind when everything clicks and the perfect golf swing, tricky mathematical problem, or high-pressure business pitch suddenly become easy. With surprising insights on every...

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- Authored by Sian Beilock
- Released at 2011



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