



How to Quit Anything in 5 Simple Steps: Break the Chains That Bind You (Paperback)

By Ma Dianne a Allen, Dianne a Allen Ma

Balboa Press, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand ***** After more than 3 decades of helping people feel better, nationally known speaker Dianne A. Allen brings to life her powerful formula for success. There is a fundamental opportunity for joy and freedom within our grasp--yet most of us simply miss it! The answers are here; we need only to accept them and allow them to assist us with our daily lives. Many people keep trying to fight their way to happiness. Fighting only makes things worse. By uncovering and applying just five simple steps, each of us can truly live our hearts desires and be free of the limitations that bind us. This book offers a living and vibrant way to become free from the trance of human pain and torment. Success in life is attained by following the simple daily plan created to help motivate and inspire readers. There are many paradigms for creating your life; find what inspires you to excel in How to Quit Anything in Five Simple Steps.



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Reviews

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