



The Energy of Life: A Guide to Practical Spirituality (Paperback)

By Jimmie Lewis

1+1=1 Publishing, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.THE ENERGY OF LIFE IS ABOUT YOU The Energy Of Life helps you understand why you are like you are and why your life is the way it is. Use the principles of energy that are explained in this book to CHANGE YOUR LIFE. By becoming aware of how you run your life, and why, you can begin to CHANGE YOUR LIFE and have it look the way you want it to. The Energy Of Life is ultimately about self-awareness and self-responsibility. If you read this book with an open mind, you can emerge on the other side of it with a renewed sense of why you are here, where you want to go and how to get there. By gaining a new sense of who you are and by accepting responsibility for your own life, you can empower yourself to be the person you want to be. Barbara (May 23, 1953 - August 31, 2010) and Jimmie Lewis are co-authors of the original, The Energy of Life (1995), and The Real Miracle (2002). Trained as Counseling Psychologists with a double major in Transpersonal...

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