



Beauty and the Budget (Paperback)

By Sandi Brenner

Virtualbookworm.com Publishing, United States, 2006. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.A beauty reference manual with over 2300 tips, ideas, techniques and recipes for head to toe makeovers and beauty treatments. This book incorporates tricks the pros and top models use today with folk remedies and global natural beauty routines used for centuries. Increase self confidence and look great even if you have little time or money to spend. Create inexpensive (or free) custom products tailored for you that work just as well as enticing, expensive store bought or spa treatments. Use the tips and advice to solve beauty problems like flat hair, frizzies, dandruff, skin problems, acne, wrinkles, bloating, etc. Make your own custom cleansers, scrubs, masks, lotions, conditioners, styling products, powders and more. Learn techniques for makeup, hair styles, skin and hair care, hair coloring, hand, foot and dental care. Know important information regarding your voice, posture, skin tone and aromatherapy. Simple diet techniques that improve the skin and hair, and the truth about losing weight. Written with the busy and budget oriented woman in mind without the hype and egos of Hollywood experts and marketers. A straightforward resource guide without...



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