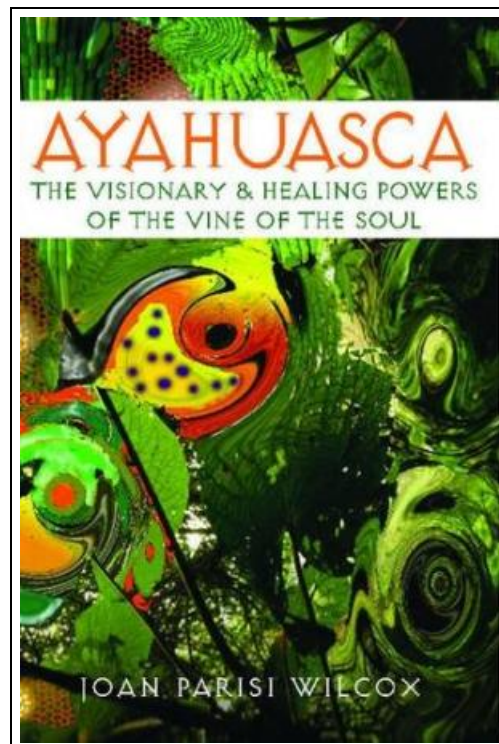


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AYAHUASCA: THE VISIONARY AND HEALING POWERS OF THE VINE OF THE SOUL (PAPERBACK)**DOWNLOAD**

Inner Traditions Bear and Company, United States, 2003. Paperback. Condition: New. Language: English . Brand New Book. Ayahuasca: The Visionary and Healing Powers of the Vine of the Soul is an autobiographical account of the author's work with ayahuasca, a potent and sacred plant brew of the Amazon region that is known for its extraordinary visionary and healing powers. As she learned from her experience, with the help of ayahuasca we are able to grasp our paradoxical nature, the first step to acceptance of ourselves in both our glorious and dark aspects. Ayahuasca teaches us how to release the illusions we hold about ourselves and makes it possible to integrate our many diverse aspects to acquire our true power. This book reveals the ritual protocols that must be followed prior to partaking of ayahuasca, including the traditional preparatory diet --which requires enduring austere conditions, isolation, and only small amounts of bland food before receiving the powers of the plant spirit from an ayahuasquero, a healing master--and the sacred songs, icaros, that are sung when imbibing the substance. Although the use of ayahuasca is growing among underground spiritual seekers and through the burgeoning ayahuasca tourism trade in South America, few of its seekers understand how it is used traditionally and the importance of the rituals the indigenous people follow. With this book, the author hopes to restore the importance of these indigenous practices so that we may truly understand all the gifts of ayahuasca.

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