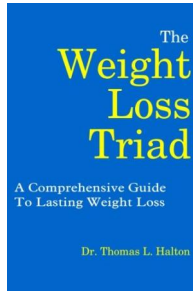


## The Weight Loss Triad: A Comprehensive Guide to Lasting Weight Loss



### Book Review

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(Roosevelt O'Keefe)

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