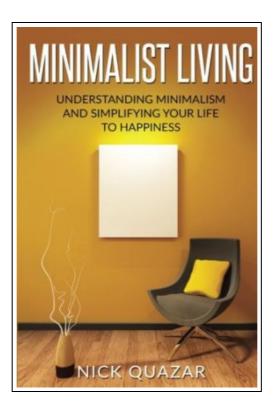
Minimalist Living: Understanding Minimalism and Simplifying Your Life to Happiness (Paperback)



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Reviews

It in one of my favorite book. Sure, it is actually engage in, nonetheless an interesting and amazing literature. I am happy to let you know that this is basically the finest book i have got study inside my very own existence and might be he finest publication for ever. (Randal Reinger)

MINIMALIST LIVING: UNDERSTANDING MINIMALISM AND SIMPLIFYING YOUR LIFE TO HAPPINESS (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Are you ready for a change? Are you ready to find the simplified, budget-friendly way to happiness? No matter what you have been told, you deserve it! Within the pages of this book, you will find the secrets that you have heard minimalists preaching and swearing by. They make it sound easy while you cling to the belief that you were not made out to live life so untethered. Nonsense! Anyone can start to live a more simplified lifestyle if they are genuinely ready for a drastic CHANGE in their lives! Being a minimalist is not just about throwing out old belongings that you have collected over the years. It is a MINDSET and a change of pace! While the de-cluttering of your precious living space is a crucial step in the process, once you start to rid your life of unnecessary items, a spark will ignite and you will ask, What else is dragging me down?! In a world full of individuals prided on their keepsakes and belongings, we have managed to all lose bits and pieces of ourselves among the chaos that we have unknowingly created. Thus, we have lost our sense of purpose; we have lost the true meaning of the virtues of life itself, as well as living in the moments we are ever so blessed to experience. What is the fun in that? Why should we have anchors in our lives that are unnecessary to our survival and happiness? It is time to start the purge! It may sound hard, and it will not be a cakewalk but it II be worth it. I promise you that! As you flip through this book and...

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