



Divorce: Surviving the Emotional Hurricane (Paperback)

By S Margaret Gaither

Createspace, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Divorce is a painful process. From the moment you utter the word right through to the final signature, there is nothing pleasant about it. Even when a divorce might be the most reasonable decision to make, it can still get complicated, depressing and downright ugly. Divorce is truly like an emotional hurricane. The pummeling rains of emotional distress can push you from one extreme to the other. The tidal surge of emotions can wreak havoc on your mind, body and spirit. Even Supermodel Heidi Klum said that during her divorce she felt like she was in the eye of the tornado. It's emotions inside of your body that are a tornado. Right now, you might feel like the pain will never end. It might be so intense that you wonder how you'll ever survive this storm. However, trust me when I say you WILL survive. It might not be today or even tomorrow, but you will return to a normal life. In the meantime, don't allow the stresses of divorce to make you do crazy things. Use the tools in...



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