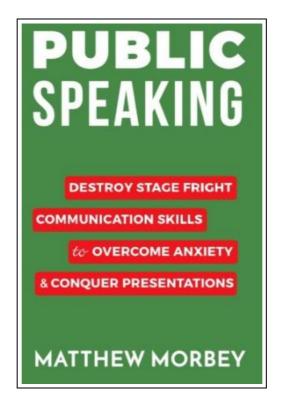
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(Pinkie O'Hara)

PUBLIC SPEAKING: DESTROY STAGE FRIGHT COMMUNICATION SKILLS TO OVERCOME ANXIETY AND CONQUER PRESENTATIONS (SELF HELP, CONFIDENCE PUBLIC SPEAKING) (VOLUME 1)



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CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 92 pages. Dimensions: 9.0in. x 6.0in. x 0.2in.This book is a valuable guide on how to eliminate Stage Fright and Conquer Presentations Read, Learn and apply the lessons of this book to master the art of speaking to a live audience This book will provide you with insights on not just the basics of public speaking but also the logistics, formalities, opening and closing a speech, speaking with an international audience and even provide you with skills to apply beyond the stage environment. I suggest you read through this book and take in the information and then apply what you discover here. I emphasise in this book that action after learning will be you quickest and most efficient route to success. This is the case with anything you learn and that is no exception with this book. Did you know that public speaking is one of the deepest fears held by people; its highly ranked in the top 10 fears in society today. In many cases, the fear is the main boundary in the way from people mastering this. In this book, youll be introduced to some speaking concepts, on how to best portray yourself on stage, so this includes your voice, your body, the body language you are portraying not to mention all the other countless variables relevant to public speaking. Youll learn insights from people who are considered to be at the top experts in communication and relationships. Youll learn about the fear of public speaking and why you should not let this stop you from getting up onto stage not to mention youll also become aware of some of the many benefits that come with mastering this skill. When it comes to public speaking...

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