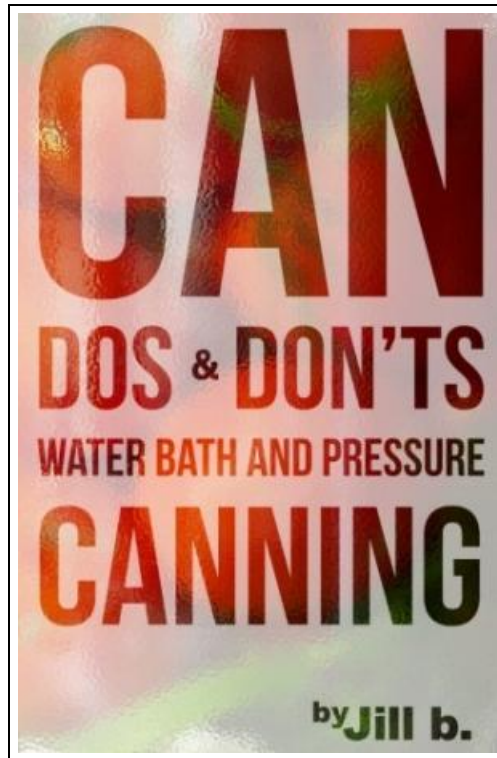


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Reviews

Basically no phrases to clarify. It really is rally fascinating throgh reading time. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Anabel Zemlak)

CAN DOS AND DON TS: WATER BATH AND PRESSURE CANNING (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Don t be a killer. In 2015, home-canned potatoes killed one and sickened a dozen. Don t let this incident scare you away from home-canning either. There are many reasons to home-can. Perhaps you have embarked on a sustainable self-sufficient homesteading lifestyle. You may have a healthy edible garden filled with organic produce free from chemicals and dangerous additives. You may have fished, hunted or raised chickens or rabbits for meat. Perhaps you re a survival prepper wanting to stock up on cheap, seasonal food in preparation of a zombie apocalypse or an economic collapse. Or perhaps you ve simply found a good deal on groceries and want to stock up to save money and to help with the family budget. Unfortunately, your abundant harvest will not last long unless it is safely preserved. In addition to drying, freezing, fermenting and pickling, canning is a good way to store your food long term. The question is how do you start? Home canning is not as straightforward as some of the other preservation methods and carries the risk of botulism contamination if not processed correctly. Unfortunately, not all canning sources or recipes, not even your tried and true family recipes, can be trusted. The environment, bacterial strains and even our food itself has changed over the years. Produce has become less acidic while bacterial strains have evolved. Canning techniques that were once safe may no longer be. Home canning can be economical, healthier, tasty, nutritious and fun. Lucky ones may have fond childhood memories of the best of summer s harvest being home canned. Unfortunately, some canning recipes and methods that proliferate the internet are downright dangerous. This book does...



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