



## Kelly Orchard s Apple a Day - Spring: Daily Nourishment for Wisdom, Success and Personal Growth. (Paperback)

By Kelly Orchard M a

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Growth, like gardening is an ongoing process. Peace is found in the changing seasons. You need nourishment for your mind, your body, your soul. Your mind is hungry and seeks growth, new insights and intellect, new ideas and developments, potential for growth in your conscious life. If you don t grow, you die. You need tools to apply right now, and every day as you seek your purpose through personal growth. Kelly Orchard s Apple A Day nourishes your mind, body and spirit with bite sized morsels of wisdom for daily reading with companion journal pages for your personal thoughts. I believe our purpose is to grow. These seasonal apples illustrate the seasons of growth with spring, summer, fall and winter. You will learn that when you seek growth, your purpose will find you. Seek gratitude and you ll find happiness. You will be encouraged to look inside yourself and be grateful for how you are growing emotionally, mentally, spiritually. Change is the only thing you can count on. No matter what is happening in your life right now, there is...



### Reviews

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