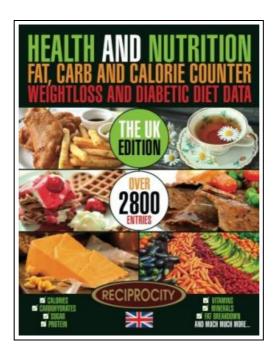
Health Nutrition Fat, Carb Calorie Counter, Weight Loss Diabetic Diet Data UK: UK Government Data on Calories, Carbohydrate, Sugar Counting, Protein, Fibre, Saturated, Mono Unsaturated, Poly Unsaturated, Omega 3 and Omega 6 Fat



Filesize: 3.96 MB

Reviews

The ebook is fantastic and great. I am quite late in start reading this one, but better then never. I am just effortlessly could possibly get a enjoyment of looking at a created ebook.

(Mr. Kevin Herzog)

HEALTH NUTRITION FAT, CARB CALORIE COUNTER, WEIGHT LOSS DIABETIC DIET DATA UK: UK GOVERNMENT DATA ON CALORIES, CARBOHYDRATE, SUGAR COUNTING, PROTEIN, FIBRE, SATURATED, MONO UNSATURATED, POLY UNSATURATED, OMEGA 3 AND OMEGA 6 FAT



Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ****** Print on Demand ******. With over 2,800 food entries.Many western governments have done large amounts of analysis of food composition. But the results of their work have not proven to be very accessible to the public.Some commercial websites have attempted reasonably successfully to make the food composition databases more accessible.But there was a lot of work to be done in rewording the food names in order to make the data usable and useful to the general public in book form. This reference book is based upon the UK government composition of foods integrated data set (CoFID McChance and Widdowson March 25th 2015). But we reworded the food names to make them more directory friendly. So for example. Alcoholic Beverages, Wine, Red, French, Bordeaux - is out and. Bordeaux Red Wine - is in. Each listing contains. 10 essential vitamins: A, B1 (Thiamin), B2 (Riboflavin), B3 (Niacin), B6 (Pyridoxines), B12 (Cobalamin), C, D, E, and K1. The basic fat types: Saturated Fat, Monounsaturated Fat, Polyunsaturated Fat, Trans Fat, Omega3 and Omega6. 11 essential minerals: Calcium, Copper, Iron, Magnesium, Manganese, Phosphorus, Potassium, Selenium, Sodium, Zinc and Tryptophan. General listing:Energy in kilocalories, Protein, Carbohydrates, Sugar, Fibre, Water and Alcohol. So to have full UK nutritional data at your fingertips clearly and simply presented have a look at the United Kingdom Health Nutrition Counter.

- Read Health Nutrition Fat, Carb Calorie Counter, Weight Loss Diabetic Diet Data UK: UK Government Data on Calories, Carbohydrate, Sugar Counting, Protein, Fibre, Saturated, Mono Unsaturated, Poly Unsaturated, Omega 3 and Omega 6 Fat Online
- Download PDF Health Nutrition Fat, Carb Calorie Counter, Weight Loss Diabetic Diet Data UK: UK Government Data on Calories, Carbohydrate, Sugar Counting, Protein, Fibre, Saturated, Mono Unsaturated, Poly Unsaturated, Omega 3 and Omega 6 Fat

See Also



What is in My Net? (Pink B) NF

Pearson Education Limited. Book Condition: New. This title is part of Pearson's Bug Club - the first whole-school reading programme that joins books and an online reading world to teach today's children to read. In...

Save Document »



Read Write Inc. Phonics: Pink Set 3 Storybook 6 Sanjay Stays in Bed

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. Tim Archbold (illustrator). 210 x 148 mm. Language: N/A. Brand New Book. These engaging Storybooks provide structured practice for children learning to read the Read... Save Document »



The Joy of Twins and Other Multiple Births : Having, Raising, and Loving Babies Who Arrive in Groups

Book Condition: Brand New. Book Condition: Brand New.

Save Document »



Sounds in the House - Sonidos En La Casa: A Mystery (in English and Spanish)

Premio Publishing Gozo Books, LLC, United States, 2011. Paperback. Book Condition: New. Channing Jones (illustrator). Bilingual. 211 x 206 mm. Language: English . Brand New Book ***** Print on Demand *****. (Mystery, Humor) Ever been scared... Save Document »



Weebies Family Halloween Night English Language: English Language British Full Colour

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Children s Weebies Family Halloween Night Book 20 starts to teach Pre-School and...

Save Document »