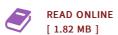




72 Calorie Myth and SANE Certified Dessert Recipes (Calorie Myth and SANE Certified Recipes)

By Jonathan Bailor

SANE Solution. Paperback. Condition: New. 170 pages. Dimensions: 11.0in. x 8.5in. x 0.4in.ITS TIME FOR DESSERT! In this beautiful full-color recipe book, you will enjoy 72 delicious, simple dishes that burn fat, reduce cravings, heal your digestion, balance your hormones, and give you all-day-energy! Formulated by New York Times Best-selling Author and Natural Weight-Loss Expert Jonathan Bailor, your SANE Certified main dish recipes are radically different from the hormone damaging fare you will find at most restaurant, most healthy cookbooks, and even many of the clean recipes on the internet. Get Your Free 6-Step Weight-Loss Blueprint At: SANESolution. comBlueprint WHAT MAKES A SANE CERTIFIED RECIPE DIFFERENT Backed By Research: Scientifically proven to burn fat, boost energy levels, and improve your health. Always Great Tasting: Designed by top chefs to taste unbelievable - you wont ever call this diet food. Easy Meals The Entire Family Will Love: Perfectly balanced between convenience, variety, and affordability so you get great tasting meals without spending hours in the kitchen. NEW TO SANE LIVING AND EATING What if everything you thought you knew about weight loss was wrong What if you could eat more, exercise less, and lose weight What if the worlds most advanced...



Reviews

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