



Cooking with Loula : Greek Recipes from My Family to Yours

By Alexandra Stratou

Artisan Apr 2016, 2016. Buch. Condition: Neu. Neuware - In Cooking with Loula, Alexandra Stratou invites readers into the kitchen of her modern Greek family, revealing their annual traditions and bringing their recipes to life—with touching remembrances of Loula, the woman who cooked for three generations of Stratou's family and who taught her that cooking is as much about love and identity as it is about nourishment. Many classic dishes are represented here, such as pastitsio and dolmades, but Stratou's culinary training abroad shows up in such non-Hellenic creations as a green salad with avocado, apple, and Dijon mustard and a spinach gnocchi in which feta cheese appears alongside Gorgonzola. The nearly 100 recipes are all hearty and unfussy, and organized the way real home cooks think, with chapters for simple, healthful weekday dishes; more languorous Sunday meals; and traditional holiday fare. With hundreds of mouthwatering photographs and whimsical illustrations, this book is truly a gem. 240 pp. Englisch.



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