



My First Yoga Class (Paperback)

By Alyssa Satin Capucilli

Simon Spotlight, 2017. Paperback. Condition: New. Language: English . Brand New Book. Young readers can learn all about what happens at yoga class in this Pre-level 1 Ready-to-Read with sweet text and photographs of yogis-in-training! It s the first day of yoga class in this early reader by Biscuit creator Alyssa Satin Capucilli. Roll out your yoga mat! What will it be like? Yoga students stand on sticky mats and learn poses with animal names like downward dog and lion pose. Young readers will love seeing kids their age practicing yoga in this adorable introduction to the sport! Includes a special section of step-by-step instructions for basic yoga poses--to be done with a parent or guardian s supervision.



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