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CURE SORE THROATS, COLDS AND COUGHS WITH CAYENNE PEPPER (PAPERBACK)



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Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Once the sore throat and aching limbs of a cold begin, what you need is something that will quickly relieve the symptoms and get you back onto the road to recovery. Cayenne pepper is the very thing. Although there are many over the counter products that claim to be able to do this, cayenne pepper is a natural product that has a huge healing benefit. These healing properties have remained unknown to the majority of people, whilst those in the know have used them to their advantage for hundreds of years. Learn how using this secret miracle cure will relieve the symptoms of a cold quickly and easily. Miracle is not a word used lightly to describe the healing benefits of Cayenne Pepper. This book describes in detail the usage and directions for each step to cure a sore throat, cold and cough. For anyone wanting a more natural approach to recover from a cold or flu like symptoms then Cayenne Pepper should be at the top of your list. In this book you will learn: The different recipes and dosages to be taken for each stage of the cold. The benefits and reasons why they help you and, how often to use them. The healing properties of this natural spice should not be taken lightly, its benefits go way beyond just relieving a cold or flu and these benefits are also listed in this book. This is a GREAT little guide book for using Cayenne Pepper to relieve a cold.

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