

# The Brain-Boosting Benefits of Gaming

By Arie Kaplan

Lerner Publishing Group, United States, 2013. Paperback. Book Condition: New. 229 x 150 mm. Language: English . Brand New Book. Has anyone ever told you gamers out there that your time would be better spent studying? Well, don't let go of that joystick just yet! Turns out, advancing to that next level of Super Mario Brothers has a similar effect on your brain as getting an A on your spelling test. Video games have been successful at training elite groups in the U.S. military and future doctors. Discover how they can help boost your brain power too!



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