



My Ear Hurts: A Complete Guide to Understanding and Treating Your Child's Ear Infections

By Ellen Friedman

Touchstone Books. Paperback. Condition: New. 240 pages. Dimensions: 8.2in. x 5.9in. x 0.7in. Everything You Need to Know to Treat Your Child's Ear Infection Every parent who has heard the plaintive cry My ear hurts! knows that ear infections are among the most troubling childhood ailments. In fact, by the time they turn three years old, 75 percent of children have had at least one ear infection, and nearly 50 percent of these children have suffered more than three ear infections. My Ear Hurts! offers clear explanations of the causes of ear infections and up-to-the-minute discussions of traditional medications, including the overuse of antibiotics surgical treatments, from insertion of ear tubes to new laser techniques alternative treatment options, such as herbal and homeopathic remedies and chiropractic treatment Also included are tips on how to spot common allergies or irritants that cause or exacerbate infections advice on how to talk to your child about the infection and its treatment guidelines on what to do when your child is under someone else's supervision recommendations for when surgery is -- and is not -- necessary and how to communicate with your child's doctor With information that is both accessible and authoritative, My Ear Hurts!...



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Reviews

Very helpful to all of group of men and women. It can be written in easy terms instead of confusing. You will like how the writer writes this book.
-- Dr. Daren Mitchell PhD

It is one of the most popular books. I am quite late in starting to read this one, but better than never. Once you begin to read the book, it is extremely difficult to leave it before concluding.
-- Camille Larson