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Top Tips from the Baby Whisperer - Sleep: Secrets to Getting Your Baby to Sleep Through the Night

By Tracy Hogg, Melinda Blau

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Top Tips from the Baby Whisperer - Sleep: Secrets to Getting Your Baby to Sleep Through the Night, Tracy Hogg, Melinda Blau, 'I can't get my five-week-old to sleep in her cot.' 'My six-week-old resists his naps.' 'My baby is three months old and is still waking up throughout the night.' Sleep is the number one issue that plagues parents from the moment they bring their newborn baby home from hospital. Even the lucky ones, whose babies are naturally good sleepers, wonder when their baby will sleep through the night. Tracy Hogg's incredible sensitivity and ability to read infants' cries, coos and assorted baby noises quickly earned her the admiration and gratitude of high-profile couples, including a host of celebrities. With reassuring, down-to-earth advice, her practical sleep programme will help you overcome your baby's sleep problems and works with infants from as young as a day old. A lifesaver for any busy parent.



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