



Successful Movement Challenges: Movement Activities for the Developing Child

By Jack Capon

Createspace, United States, 1981. Paperback. Book Condition: New. 276 x 214 mm. Language: English . Brand New Book ***** Print on Demand *****.A book of extensive and exciting movement activities for the developing child in preschool, elementary, and special education. Included are movement exploration challenges using parachutes, balls, hoops, ropes, bean bags, rhythm sticks, scarves, and many other equipment items. Physical fitness development activities including body conditioning, mat activities, circuit training, and playground apparatus activities are also featured within this popular publication. Your children will thoroughly enjoy the creative and carefully designed movement experiences contained in this book. An excellent resource guide for both classroom and physical education teachers.

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