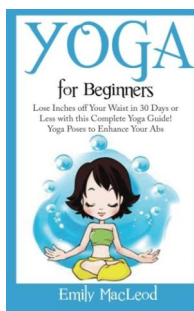


## Yoga for Beginners: Lose Inches Off Your Waist in 30 Days or Less with This Complete Yoga Guide! Yoga Poses to Enhance Your ABS!



### Book Review

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(Genoveva Langworth)

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