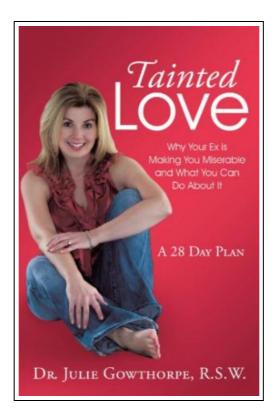
# Tainted Love: Why Your Ex Is Making You Miserable and What You Can Do about It (Paperback)



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#### Reviews

Completely one of the best publication I have actually read. Indeed, it is perform, nonetheless an interesting and amazing literature. Your lifestyle span will likely be transform when you complete reading this book. (Mrs. Agustina Kemmer V)

## TAINTED LOVE: WHY YOUR EX IS MAKING YOU MISERABLE AND WHAT YOU CAN DO ABOUT IT (PAPERBACK)



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Balboa Press, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Accomplished psychotherapist and coach, Dr. Julie Gowthorpe, RSW, provides parents with a guide to conquer the emotionally charged experience of parenting after divorce. Many parents wonder, Why is my ex intent on making my life miserable? Dr. Julie answers this question, using conversational style and easy-to-grasp concepts. She hopes to inspire, motivate, and arm you with the knowledge to better understand your relationship with your ex. She can help you build upon your personal resources to empower you to be a better, happier parent after divorce. For parents who desire happiness and time to focus on their child, Dr. Julie reveals four key steps to redefining and taking control of your life after divorce. As you incorporate her easy-to-implement changes in your life, you can learn to embrace life as a divorced parent. With these strategies of personal empowerment comes a life of happiness, contentment and, opportunity after divorce.

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