



## Ordinary Valor: How Cancer Saved My Life-- Not Once, But Twice

By Robert Mignone MD FAPA

Outskirts Press. Hardcover. Book Condition: New. Hardcover. 164 pages. Dimensions: 9.1in. x 6.1in. x 0.7in. AN ORDINARY MANS EXTRAORDINARY TALE OF COURAGE AND THE WILL TO LIVE Ordinary Valor is not a textbook about cancer or the psychology of coping, although youll find author Dr. Robert Mignones thoughts on both. Its not a philosophical discourse about faith or the existence of God, although Dr. Mignone talks a lot about his source of resilience coming from the power of love and a strong faith. He also makes clear that humor has a place in keeping perspective. Rather, Ordinary Valor invites the reader join and witness his journey of coping with the dark reality of cancer and the Great Mystery. Mignone writes: Because my story has been ordinary, Ive come to regard my experience as remarkable--even spectacular--because Ive seen first- hand how it has reflected the marvelous journeys of gazillions of traumatized men and women reeling from crises while they still worked and loved and managed their lives as best they could--and with only their intimates knowing anything of their heartaches. What courage. Thats the human grit which more than ever brings tears of admiration to my eyes. Celebrities or even unsung heroes may...



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