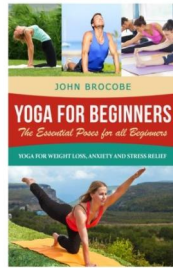


## Yoga: Yoga for Beginners: The Essential Poses for All Beginners, with Pictures: Yoga for Weight Loss, Anxiety and Stress Rel



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