



The New Anti-Aging Revolution: Stop the Clock Time is on Your Side (Paperback)

By Ronald Klatz, Robert Goldman

Basic Health Publications, United States, 2008. Paperback. Condition: New. 4th ed.. Language: English . Brand New Book. In this revised, third edition the authors present the ten key body systems, where the decline caused by aging first appears. They teach you how to weigh up the advantages and disadvantages of hormone therapy, replenish your nutrient stores, strengthen your immune system and much more.



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