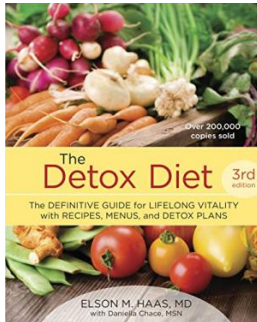


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Random House USA Inc, United States, 2012. Paperback. Condition: New. 3rd Revised edition. Language: English . Brand New Book. This fully updated edition of The Detox Diet guides readers through the detoxification process and follow-up cleansing programs developed by Dr. Elson Haas for those struggling with addictions to sugar, caffeine, nicotine, and alcohol ? Do you overeat? Or are you overweight without overeating? ? Are you often tired or fatigued without knowing why? ? Do you consume caffeine and sugar...

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- Authored by Elson M. Haas
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