



## Let the Games Begin: A Guide to Self-Exploration and Team Building Activities

By Ruth Frisz, Joe Bertolino, Ugo Eze

iUniverse, United States, 2012. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Have you ever led a group or taught, facilitated a workshop or taught a class and needed the perfect, interactive ice breaker or thought provoking exercise? This manual provides just that! As facilitators, speakers and professors, we found we were always looking for interactive exercises that allow students and participants to reflect, think and learn. As a result, this first collection of exercises from the Queens College Student Personnel Department's Peer and Leadership Program was created. The majority of these exercises have been created by students, for students. These activities can be used by many different types of organizations including, but not limited to educational institutions, businesses, non-profit organizations, and religious institutions. The activities lend themselves to adjustments and revisions depending on the goals of the workshop, conference, retreat or in-service meetings. This manual is designed to offer ideas and suggestions to those who want to provide this kind of opportunity to their employees, students, administrators, management teams or others. Fun, interactive and thought provoking, these exercises are the perfect solution to creating a dynamic learning environment...



[READ ONLINE](#)  
[ 2.23 MB ]

### Reviews

*These kinds of pdf is every thing and helped me hunting ahead plus more. It generally does not cost too much. I am delighted to tell you that this is actually the finest publication we have study in my personal life and might be he finest ebook for at any time.*

-- **Dr. Veronica Hoppe**

*This book may be worth purchasing. I was able to comprehended every thing using this published e publication. I am happy to let you know that this is the very best ebook i have got read inside my very own daily life and could be he finest ebook for actually.*

-- **Rhoda Durgan PhD**