



From Harvard to Hell and Back: A Doctor's Journey Through Addiction to Recovery (Paperback)

By Sylvester Skip Sviokla, Kerry Zukus

Central Recovery Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book. Dr. Sylvester Skip Sviokla lived life as a successful, driven, athletic, and brilliant graduate of Harvard Medical School, reveling in wealth and glamour as a celebrity doctor until addiction brought his life crashing down. This real-life Dr. House had it all (he thought) until addiction took everything. Miraculously, recovery gave him back his family, his self-respect, and much more. The media is filled with celebrity addiction stories, so people will be drawn to the author's experience as a doctor to the stars. Having attended the most famous university and medical school in the world, Dr. Sviokla's story will also be relevant to a larger audience, including medical professionals and those seeking answers about addiction. Sylvester Skip Sviokla III, MD, is a 1967 graduate of Harvard College (where he was a two-year starter on the football team, culminating in his receiving one vote for the 1966 Heisman Trophy and an offer to try out for the Chicago Bears) and a 1972 graduate of Harvard Medical School. He was owner and medical director of Skip Sviokla Entertainment Medicine, Inc. and of Medical Weight Management, Inc.,...



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