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## Viking Patterns for Knitting: Inspiration and Projects for Today's Knitter

By Elsebeth Lavold

Trafalgar Square Books, United States, 2015. Paperback. Book Condition: New. Reprint. 264 x 190 mm. Language: English . Brand New Book. Viking Patterns for Knitting is the result of years of research by Swedish knitwear designer Elsebeth Lavold, who explored patterns of ornamentation found on Viking artifacts, such as swords, buckles, combs, and rune stones. Now, by means of clever knitting innovation (which makes it possible to start a knitted knot in the middle of a sweater), she has adapted these richly intricate knots and braids into gorgeous, fully modern garment designs. The 14 Knitting projects include a hooded sweater with interlaced half-hitches; a cardigan with delicate figure-eight knots; an elegant tunic with serpentine ropework; and father-and-son pullovers inspired by rune stones. Sixty motifs are clearly presented in pictures, text, and charts, including the entire runic alphabet and a striking collection of Viking artifacts. Viking Patterns for Knitting is an adventure in Nordic forms with roots a thousand years deep.



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