



## Daily Meditations for Women Who Love Too Much

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By Robin Norwood

Cornerstone. Paperback. Book Condition: new. BRAND NEW, Daily Meditations for Women Who Love Too Much, Robin Norwood, The in-depth practical companion to the hugely popular bestselling self-help book, Women Who Love Too Much. These meditation exercises will help readers feel happier within themselves, and will pave the way towards happy, successful relationships. In her bestselling self-help book, Women Who Love Too Much, Robin Norwood revolutionised the way we look at love, with a compassionate, intimate book offering a detailed psychological recovery programme for women who love too much - women who are attracted to the wrong men, who neglect their own interests and friends and who are unable to leave tormented relationships for fear of being 'empty without him'. It is a book that speaks to nearly every woman who has ever loved and lost. With multiple millions in sales throughout the world, Women Who Love Too Much remains an invaluable guide to a successful relationship and is an eagerly sought source of help to women and men everywhere. Norwood now enhances the practical wisdom of that book with years' worth of deep reflection and study. The result is a practical guide to relationships, containing a series of daily meditations...



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