



Introducing Philosophy for Everyday Life: a Practical Guide

By Trevor Curnow

Icon Books Ltd. Paperback. Book Condition: new. BRAND NEW, Introducing Philosophy for Everyday Life: a Practical Guide, Trevor Curnow, How can we apply philosophy to our everyday lives? Can philosophy affect the way we live? This book will show how philosophy can help to improve your thinking about everyday life. And how, by improving the quality of your thinking, you can improve the quality of your life. It will make you more aware of what you think and why, and how knowing this can help you can change the way you think about your life. Full of practical examples and straightforward advice, and written by an expert in the field, this guide can help you become calmer and happier, and make better decisions.

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