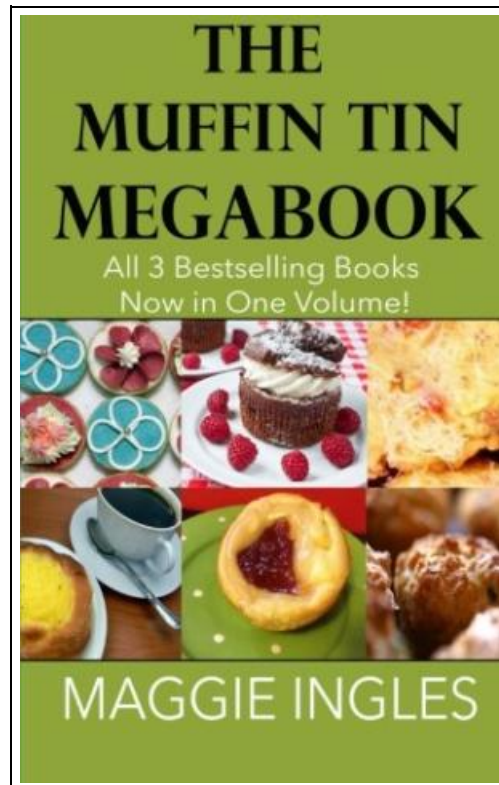


Muffin Tin Megabook



Filesize: 6.12 MB

Reviews

This is basically the best pdf i have read through until now. It is filled with knowledge and wisdom I am easily can get a enjoyment of studying a created book.

(Dr. Carmine Hayes MD)

MUFFIN TIN MEGABOOK



CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 200 pages. Dimensions: 8.0in. x 5.0in. x 0.5in. These are the recipes of all three of my muffin tin recipe books Muffin Tin Meals, Muffin Tin Madness and Muffin Tin Cuisine. Whether you are a newcomer to cooking meals in muffin tins or just want to thumb through a bigger collection of recipes, I hope that this collection will bring many satisfying meals and treats your way. Cut cleanup time in half or get rid of it all together! Cooking with a muffin tin eliminates a lot of steps and cuts out grease. Using paper liners makes cleanup even faster. Cut out dangerous fumes from your cooking routine. Nonstick pans have a dangerous chemical coating called perfluorooctanoic acid (PFOA) that can be fatal to birds; most other pets and even negatively affects those with respiratory illnesses. Using a coating-free muffin tin cuts those dangers out. - Make portion perfect meals. - Know exactly how much you are eating. - Cook for the week ahead. Leftover portions are easy to pack up and freeze for another day because they are so small. Instead of thawing out large amounts of food, just heat up what you are going to eat. Here is a list of the delicious appetizers, breakfasts, deserts, snacks, lunches and more that can be found in this book: Breakfast Muffins Lasagna Bites Version 1 Lasagna Bites Version 2 Parmesan Spinach Bites Stuffed Chicken Breast Chicken Taco Cups Mini Meatloaves Muffin Cup Corn Dogs Handheld Hash Brown Casseroles Apple Crisp Cups with REAL Apples Mini Quiche Portion-Perfect Frittatas Asian Dumplings Mini Pizzas Frozen Fruit Treats Two-Bite French Toast Handheld Bacon and Eggs Mini Chicken Pot Pie Morning Sunrise Muffins Homemade Breakfast Sandwiches Dreamy Pineapple Coconut Pies Portion-Perfect Crab...



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