

The Embodiment Journal - Volume 1: Somatics and Embodiment for Health, Leadership and Life (Paperback)



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Reviews

Totally among the best publication I actually have actually go through. It can be filled with wisdom and knowledge Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Glen Ernsler)

THE EMBODIMENT JOURNAL - VOLUME 1: SOMATICS AND EMBODIMENT FOR HEALTH, LEADERSHIP AND LIFE (PAPERBACK)



Warriors of Love Publishing, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Embodiment Journal - A Quarterly Publication on Somatics and Embodiment for Health, Leadership and Life, is a new publication gathering together articles on embodiment and somatics from some of the top established practitioners and teachers in the field and from some of the rising stars. This first Volume includes the following articles: An Introduction by Editor, Francis Briers Strength and Aliveness in Teaching by John Tuite The Embodied Rescue Dynamic by Nancy Shanteau Poetry by Beka Card The Shape of Shame by Clare Myatt Creativity and Embodiment by Tess Howell Chronic Pain - An Embodiment? by Charlie Birch Applications of Embodiment in Organisations - Benefits to Leadership, Communication, and Innovation by Anouk Brack Whether you are an old hand in working with embodiment or you are newly exploring this dynamic territory this journal will offer a range of both deep and accessible articles by excellent authors. This is set to be an exciting new home for the dialogue around embodiment and somatics.

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