

Left-Handed Golf Swing Fundamentals (Paperback)

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Reviews

Definitely among the finest book We have at any time read. Better then never, though i am quite late in start reading this one. Your lifestyle period will likely be transform once you total reading this article book. (Florence Batz IV)

LEFT-HANDED GOLF SWING FUNDAMENTALS (PAPERBACK)



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Summit Classic Press, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Written specifically for the left-handed golfer, eliminating the need to try to transpose techniques geared to right-handers, this book presents a simple system that can help you improve your swing, and your game, by identifying and correcting both technical and instinctive mental or physical flaws. Warne Palmer is a Class A PGA Golf Professional in the Northern Ohio Section of the PGA of America and an Instructor of Golf at Avalon Golf and Country Club in Warren, Ohio. This book is the culmination of his forty years of experience as a golf professional and educator. The fundamentals presented in this book have been developed over the years while instructing students, and can benefit left-handed golfers of any age or skill level. This system will help you increase the number of solid shots you hit during a round by focusing on your own golf swings and tendencies, identifying whether your game s weaknesses are caused by technical flaws (60) or physical or mental errors (40), and providing a comprehensive series of drills and checklists to address your weaknesses and improve your swing from the tee, on the fairway, on the green, and in a variety of commonly encountered situations. The 60/40 Golf Method. The five distinct groupings of clubs - wedges, irons, hybrids and fairway metals, drivers and putters - require slightly different swing techniques, but there are also concepts that connect all full swings. This book addresses the five distinct swings, presenting proper technique, common errors and flaws, and simple drills, checklists and exercises to enable you to improve each of the basic swings, along with tips on equipment selection, specialty shots, course and game management, and more....

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