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## Stop and Be Still: Slow Down. Seek God. Calm Your Body, Mind Spirit (Paperback)

By Nancy Ryle Avera

PMT Publishing, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Do you find yourself asking the question, Will life ever slow down? The answer is NO, which should be no surprise. We have to make time. The truth is most of us know the importance of being still but lack either the knowledge or the discipline to put it into practice. When we stop to reflect on the truth that the God of this universe desires to meet with us so that we can be transformed by His indwelling presence and the power of His word. Yet many of us get caught up in our hectic way of life and do not make time to slow down. We miss out because we are not in tune with the presence of the Holy Spirit who desires to counsel, teach, convict, reveal, and comfort us. Through practice, we can learn the discipline of being present with God. In Philippians 2:13 we read, God is working in you, giving you the desire and the power to do what pleases him. Be Still will provide 6-weeks of practical teaching and an immediate opportunity to practice the disciplines...



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