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## Lesbian Identity and Contemporary Psychotherapy: A Framework for Clinical Practice (Paperback)

By Eda Goldstein, Lois Horowitz

Taylor Francis Ltd, United Kingdom, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Recent contributions to the psychoanalytic and psychotherapeutic literature have moved beyond traditional views of lesbianism, but they have tended to address lesbian identity from one theoretical vantage point or another. Rarely have new ideas been linked to the process issues that arise in actual clinical situations. Lesbian Identity and Contemporary Psychotherapy undertakes this very task, and, in so doing, documents the therapeutic gains that result from validating lesbian sexual identity and life experience. Drawing on contemporary relational thinking and new perspectives on gender and sexuality, Goldstein and Horowitz describe and illustrate an affirmative approach to clinical work with lesbians at various stages of the life cycle. Adolescent, young adult, and family issues are all brought within their compass. Making ample use of case vignettes, they demonstrate the ways in which therapists can elicit their patients personal narratives of self-acceptance as lesbians and coming out experiences; work with the transference and countertransference dynamics subsequent to such disclosures; and finally explore the collaborative process through which therapist and patient seek to understand their therapeutic interaction. A range of life circumstances are brought within...



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