



## Parenting with Theraplay (R): Understanding Attachment and How to Nurture a Closer Relationship with Your Child (Paperback)

By Helen Rodwell, Vivien Norris

JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. Theraplay (R) is an attachment-focused model of parenting that helps parents to understand and relate to their child. Based on a sequence of play activities that are rooted in neuroscience, Theraplay offers a fun and easy way for parents and children to connect. Theraplay is particularly effective with looked after and adopted children. By providing an overview of Theraplay and the psychological principles that it is based on, parents and carers will gain an understanding of the basic theory of the model along with practical ideas for applying Theraplay to everyday family life. Through everyday case studies and easy language, parents will gain confidence and learn new skills for emotional bonding, empathy, and acceptance in the relationship with their child.



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